

# Wegovy vs Mounjaro

Singapore guide to prescription weight management

For Singapore patients: based on HSA indications, local availability and doctor assessment.

## What are they?

Wegovy: semaglutide (GLP-1).  
Mounjaro: tirzepatide (GIP / GLP-1).  
Both require doctor assessment and prescription.  
Not over-the-counter slimming products.

## Singapore approval snapshot

Wegovy: HSA-registered for weight management.  
Feb 2025: adolescent obesity indication.  
Mounjaro: adult weight management.  
Approved by HSA in Oct 2025.  
BMI  $\geq$  30, or  $\geq$  27 with related condition.

## Price and supply

Pricing varies by dose, form, clinic, pharmacy and supply.  
Do not choose by price alone.  
Prioritise safety, suitability and follow-up.

## Key comparison

Feature	Wegovy	Mounjaro
Active ingredient	Semaglutide	Tirzepatide
Main pathway	GLP-1	GIP + GLP-1
Common route	Once-weekly subcutaneous injection	Once-weekly subcutaneous injection
Weight role	Adjunct to diet and physical activity	Adjunct to diet and physical activity
Doctor considers	BMI, metabolic risk, side effects, history	BMI, diabetes/metabolic risk, side effects, history

## Before prescribing, a doctor usually checks

- BMI, waist circumference and weight trend
- Blood pressure, blood glucose, cholesterol and fatty liver risk
- Pancreas, gallbladder, thyroid, gut and kidney history
- Current medicines, allergies, pregnancy plans or breastfeeding
- Tolerance of nausea, vomiting, constipation or diarrhoea
- Ability to follow diet, activity and regular review

## Doctor-led weight management at Tham Clinic

- Weight, BMI and metabolic risk assessment
- Discussion of Wegovy, Mounjaro and other suitable options
- Follow-up planning for safety, tolerability and progress

### Contact

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## Scan for the full guide

[thamclinic.com/news/weight-management-singapore-wegovy-mounjaro/](https://thamclinic.com/news/weight-management-singapore-wegovy-mounjaro/)

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General information only; not a substitute for medical consultation. Prescription medicines require medical assessment.

Sources: HSA announcements on Wegovy indication approval, Mounjaro approval and GLP-1 RA safety monitoring.

Information current as of June 2026. Confirm current indications, supply and suitability with your doctor.